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givejedahand



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givejedahand #CAMH is #MentalIllness in no small part because of #CAMHFoundation #Poster #Psychologist Seen (the) Kidd and his latest #gimmick #CAT for #cognitive #adaptation #training. If it looks lsounds the same as #CBT (#cognitive #behavior #therapy) that's because it is - #happyfaces, #postitnotes and #dontforgettosetthealarmclock in the morning....

JUNE 8, 2016